

# 2023 Community Assessment Survey for Older Adults

Please complete this survey if you are the adult age 55 or older in the household who most recently had a birthday (the year of birth does not matter). Your responses are confidential and no identifying information will be shared.

## 1. Please rate each of the following aspects of quality of life in your community.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Your community as a place to live.....	1	2	3	4	5
Your neighborhood as a place to live.....	1	2	3	4	5
Your community as a place to retire .....	1	2	3	4	5
Sense of community in your community.....	1	2	3	4	5
The overall quality of life in your community.....	1	2	3	4	5

## 2. Please rate each of the following characteristics as they relate to your community as a whole.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Overall economic health of your community .....	1	2	3	4	5
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community.....	1	2	3	4	5
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.) .....	1	2	3	4	5
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband) .....	1	2	3	4	5
Overall feeling of safety in your community.....	1	2	3	4	5
Overall quality of natural environment in your community .....	1	2	3	4	5
Overall quality of parks and recreation opportunities .....	1	2	3	4	5
Overall health and wellness opportunities in your community.....	1	2	3	4	5
Overall opportunities for education, culture, and the arts .....	1	2	3	4	5
Residents' connection and engagement with their community.....	1	2	3	4	5

## 3. How would you rate the overall services provided to older adults in your community?

- Excellent   
  Good   
  Fair   
  Poor   
  Don't know

## 4. Please indicate how likely or unlikely you are to do each of the following.

	<u>Very likely</u>	<u>Somewhat likely</u>	<u>Somewhat unlikely</u>	<u>Very unlikely</u>	<u>Don't know</u>
Recommend living in your community to older adults .....	1	2	3	4	5
Remain in your community throughout your retirement .....	1	2	3	4	5

## 5. In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

- Very informed   
  Somewhat informed   
  Somewhat uninformed   
  Very uninformed

## 6. Please rate the quality of each of the following.

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Your overall physical health .....	1	2	3	4	5
Your overall mental health/emotional wellbeing .....	1	2	3	4	5
Your overall quality of life .....	1	2	3	4	5

## 7. What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

- Very positive   
  Somewhat positive   
  Neutral   
  Somewhat negative   
  Very negative

**8. Please rate each of the following characteristics as they relate to older adults in your community.**

	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Ease of travel by public transportation in your community.....	1	2	3	4	5
Ease of travel by car in your community.....	1	2	3	4	5
Ease of walking in your community.....	1	2	3	4	5
Ease of bicycling in your community.....	1	2	3	4	5
Ease of getting to the places you usually have to visit.....	1	2	3	4	5
Opportunities to build work skills.....	1	2	3	4	5
Quality of employment opportunities for older adults.....	1	2	3	4	5
Variety of employment opportunities for older adults.....	1	2	3	4	5
Cost of living in your community.....	1	2	3	4	5
Availability of affordable quality food.....	1	2	3	4	5
Availability of affordable quality housing.....	1	2	3	4	5
Variety of housing options.....	1	2	3	4	5
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways).....	1	2	3	4	5
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services.....	1	2	3	4	5
Public places where people want to spend time.....	1	2	3	4	5
Availability of information about resources for older adults.....	1	2	3	4	5
Availability of financial or legal planning services.....	1	2	3	4	5
	<u>Excellent</u>	<u>Good</u>	<u>Fair</u>	<u>Poor</u>	<u>Don't know</u>
Availability of long-term care options.....	1	2	3	4	5
Availability of daytime care options for older adults.....	1	2	3	4	5
Availability of affordable quality physical health care.....	1	2	3	4	5
Availability of affordable quality mental health care.....	1	2	3	4	5
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops).....	1	2	3	4	5
Recreation opportunities (including games, arts, library services, etc.).....	1	2	3	4	5
Fitness opportunities (including exercise classes and paths or trails, etc.).....	1	2	3	4	5
Opportunities to participate in community matters.....	1	2	3	4	5
Opportunities to volunteer.....	1	2	3	4	5
Opportunities to enroll in skill-building or personal enrichment classes...	1	2	3	4	5
Opportunities to attend social events or activities.....	1	2	3	4	5
Opportunities to attend religious or spiritual activities.....	1	2	3	4	5
Openness and acceptance of the community towards older residents of diverse backgrounds.....	1	2	3	4	5
Making all residents feel welcome.....	1	2	3	4	5
Valuing older residents in your community.....	1	2	3	4	5
Neighborliness of your community.....	1	2	3	4	5

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### 9. Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

	Not a problem	Minor problem	Moderate problem	Major problem	Don't know
Having enough money to meet daily expenses .....	1	2	3	4	5
Having enough money to pay your property taxes .....	1	2	3	4	5
Having housing to suit your needs.....	1	2	3	4	5
Doing heavy or intense housework .....	1	2	3	4	5
Maintaining your home.....	1	2	3	4	5
Maintaining your yard.....	1	2	3	4	5
Having safe and affordable transportation available.....	1	2	3	4	5
No longer being able to drive .....	1	2	3	4	5
Finding work in retirement.....	1	2	3	4	5
Building skills for paid or unpaid work .....	1	2	3	4	5
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid .....	1	2	3	4	5
Not knowing what services are available to older adults in your community.....	1	2	3	4	5
Your physical health.....	1	2	3	4	5
Falling or injuring yourself in your home .....	1	2	3	4	5
Finding affordable health insurance .....	1	2	3	4	5
Getting the health care you need .....	1	2	3	4	5
Getting the oral health care you need.....	1	2	3	4	5
Getting the vision care you need.....	1	2	3	4	5
Affording the medications you need .....	1	2	3	4	5
Staying physically fit .....	1	2	3	4	5
Maintaining a healthy diet.....	1	2	3	4	5
Having enough food to eat.....	1	2	3	4	5
Experiencing confusion or forgetfulness .....	1	2	3	4	5
Feeling depressed.....	1	2	3	4	5
Feeling bored.....	1	2	3	4	5
Having friends or family you can rely on .....	1	2	3	4	5
Feeling lonely or isolated .....	1	2	3	4	5
Dealing with the loss of a close family member or friend.....	1	2	3	4	5
Being a victim of crime .....	1	2	3	4	5
Being a victim of fraud or a scam.....	1	2	3	4	5
Being physically or emotionally abused.....	1	2	3	4	5
Being treated unfairly or discriminated against because of your age .....	1	2	3	4	5
Feeling like you don't fit in or belong .....	1	2	3	4	5
Feeling like your voice is heard in the community .....	1	2	3	4	5
Feeling <u>physically</u> burdened by providing care for another person .....	1	2	3	4	5
Feeling <u>emotionally</u> burdened by providing care for another person .....	1	2	3	4	5
Feeling <u>financially</u> burdened by providing care for another person .....	1	2	3	4	5
Performing regular activities, including walking, eating and preparing meals.....	1	2	3	4	5
Finding meaningful volunteer work.....	1	2	3	4	5
Finding productive or meaningful activities to do.....	1	2	3	4	5
Having interesting recreational or cultural activities to attend.....	1	2	3	4	5
Having interesting social events or activities to attend.....	1	2	3	4	5

**10. Thinking back over the past 12 months, how much time did you spend in each of the following?**

	<u>0 days</u>	<u>1-2 days</u>	<u>3-5 days</u>	<u>6 or more days</u>
As a patient in a hospital .....	1	2	3	4
In a long-term care facility (including nursing home or in-patient rehabilitation facility) .....	1	2	3	4

**11. Thinking back over the past 12 months, how many times have you fallen and injured yourself?**

- Never     1 to 2 times     3 to 5 times     More than 5 times     Don't know

**12. Please indicate whether or not you have done each of the following in the last 12 months.**

	<u>No</u>	<u>Yes</u>
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.).....	1	2
Watched (online or on television) a local public meeting .....	1	2
Voted in your most recent local election .....	1	2
Participated in a civic group (including Elks, Kiwanis, Masons, etc.) .....	1	2
Used a senior center in your community .....	1	2
Used a public library in your community .....	1	2
Used a recreation center in your community.....	1	2
Participated in a recreation program or group activity .....	1	2
Participated in religious or spiritual activities with others .....	1	2
Participated in a club (including book, dance, game, and other social).....	1	2

**13. During a typical week, how many hours do you spend:**

	<u>Never</u>	<u>1 to 3 hours</u>	<u>4 to 5 hours</u>	<u>6 to 10 hours</u>	<u>11 to 19 hours</u>	<u>20 or more hours</u>	<u>Don't know</u>
Assisting friends, relatives, or neighbors.....	1	2	3	4	5	6	7
Volunteering your time.....	1	2	3	4	5	6	7
Talking or visiting with friends/family.....	1	2	3	4	5	6	7
Providing care to someone age 55+ .....	1	2	3	4	5	6	7
Providing care to someone age 18 to 54 .....	1	2	3	4	5	6	7
Providing care to someone under age 18 .....	1	2	3	4	5	6	7
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.).....	1	2	3	4	5	6	7

**14. Please answer the following, as they relate to Internet access at your home:**

	<u>No</u>	<u>Yes</u>
I have high-speed internet/broadband at home.....	1	2
High speed internet is not available.....	1	2
I can't afford high speed internet.....	1	2
I'm not interested in high speed internet.....	1	2
High speed internet is available, but is not reliable .....	1	2

**15. In general, how many times do you:**

	<u>Several times a day</u>	<u>Once a day</u>	<u>A few times a week</u>	<u>Every few weeks</u>	<u>Less often or never</u>	<u>Don't know</u>
Access the internet from your home using a computer, laptop, or tablet computer .....	1	2	3	4	5	6
Access the internet from your cell phone .....	1	2	3	4	5	6
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.....	1	2	3	4	5	6
Use or check email.....	1	2	3	4	5	6
Share your opinions online .....	1	2	3	4	5	6
Shop online.....	1	2	3	4	5	6

# 2023 Community Assessment Survey for Older Adults

Our last questions are about you and your household.

Again, all of your responses to this survey are confidential and no identifying information will be shared.

## D1. How many years have you lived in your community?

- Less than 2 years
- 2-5 years
- 6-10 years
- 11-20 years
- More than 20 years

## D2. Which best describes the building you live in?

- Single-family detached home
- Townhouse or duplex (may share walls but no units above or below you)
- Condominium or apartment (have units above or below you)
- Mobile home
- Assisted living residence
- Nursing home
- Other

## D3. Do you rent or own your home?

- Rent
- Own (with a mortgage payment)
- Own (free and clear; no mortgage)

## D4. About how much is your MONTHLY housing cost for the place you live (including rent, mortgage payment, property tax, property insurance, and homeowners' association (HOA) fees)?

- Less than \$300
- \$300 to \$599
- \$600 to \$999
- \$1,000 to \$1,499
- \$1,500 to \$2,499
- \$2,500 to \$3,999
- \$4,000 to \$6,999
- \$7,000 to \$9,999
- \$10,000 or more

## D5. How many people, including yourself, live in your household?

- 1 person (live alone)
- 2 people
- 3 people
- 4 or more people

## D6. How many of these people, including yourself, are 55 or older?

- 1 person
- 2 people
- 3 people
- 4 or more people

## D7. What is your employment status?

- Fully retired → Go to Question D9
- Working full time for pay
- Working part time for pay
- Unemployed, looking for paid work

## D8. [IF NOT YET FULLY RETIRED] At what age do you expect to retire completely and not work for pay at all?

- 55-59
- 60-64
- 65-67
- 68-69
- 70-72
- 73 or older

## D9. How much do you anticipate your household's total income before taxes will be for the current year? (Please include in your total income money from all sources for all persons living in your household.)

- Less than \$25,000
- \$25,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,999
- \$150,000 to \$199,999
- \$200,000 to \$299,999
- \$300,000 or more

## D10. Are you Spanish, Hispanic or Latino?

- No
- Yes

## D11. What is your race? (Mark one or more races to indicate what race you consider yourself to be.)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- A race not listed

## D12. In which category is your age?

- 55-59 years
- 60-64 years
- 65-69 years
- 70-74 years
- 75-79 years
- 80-84 years
- 85-89 years
- 90-94 years
- 95 years or older

## D13. What is your gender?

- Woman
- Man
- Identify in another way → go to D13a

## D13a. If you identify in another way, how would you describe your gender?

- Agender/I don't identify with any gender
- Genderqueer/gender fluid
- Non-binary
- Transgender man
- Transgender woman
- Two-spirit
- Identify in another way

## D14. What is your sexual orientation?

- Heterosexual
- Lesbian
- Gay
- Bisexual
- Identify in another way → go to D14a

## D14a. If you identify in another way, how would you describe your sexual orientation?

- Asexual
- Pansexual
- Queer
- Questioning
- Identify in another way

**Thank you!** Please return the completed survey in the postage-paid envelope to:  
**National Research Center, Inc., PO Box 549, Belle Mead, NJ 08502**