

JOINT MEETING NOTICE & AGENDA (Advisory Council & Governing Board)

DATE: Friday, November 8, 2024
TIME: 10:00 a.m. to 12:30 p.m.
PLACE: **SACRAMENTO COUNTY**
Agency on Aging Area 4
1401 El Camino Avenue
Suite 400 ~ Board Room
Sacramento, CA 95815

Our Mission: Enriching the lives of older adults and people with disabilities by **FOSTERING** networks of support, **ADVOCATING** for individual choice, **COLLABORATING** with others, **ENSURING** equity, and **STRIVING** to do so with conviction.

AGENDA:

I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, WELCOME & INTRODUCTIONS

II. PUBLIC COMMENT

AAA4 welcomes comments on any agenda item as it is addressed. Individuals will be limited to five minutes; fifteen minutes for a representative of a group. Comments may be made on any subject not on the agenda. A specific time limit will be established based on the number of people wishing to speak, for a total of fifteen minutes per subject.

III. ROLL CALL & CONSENT

A. Advisory Council

1. Roll Call
2. Adopt the Agenda and Approve the Minutes from 10/17/24
3. Approve Revised Committee Roster

B. Governing Board

1. Roll Call
2. Adopt the Agenda and Approve the Minutes from 10/11/24

IV. CORRESPONDENCE – *Not applicable*

V. ACTION ITEMS

- A. Adopt the Slate of Officers for 2025 (Governing Board)
- B. Adopt Resolution #322 re: Yuba-Sutter Meals on Wheels Block Grant Application in Sutter County (Governing Board)
- C. Adopt Resolution #323 for Yuba-Sutter Meals on Wheels Block Grant Application in Yuba County (Governing Board)
- D. Approve First Quarter JPEC Recommendations (Governing Board)
- E. Approve Grants Review Committee Recommendations (Governing Board)
 1. Include AAA4 Direct Services in the 2025-27 Request for Proposals (RFP) Cycle
 2. Renew Awards for the 2025-27 Grant Cycle (Titles III-D & III-E)
 3. Adopt Revised Timeline for the 2025-27 RFP
- F. Approve Final Parity Percentages (Adjusted for Sierra County)

Committee Meetings

Audit/Finance Committee, **11/08/24** at 9:00 – 9:30 a.m.

Joint (AC & GB) Executive Committees, **11/08/24** at 9:30 – 10:00 a.m.

Please visit www.agencyonaging4.org for additional information.

VI. PRESENTATION/DISCUSSION

A. November is National Family Caregiver Month

VII. REPORTS

A. Advisory Council

- 1) Executive Committee
- 2) Diversity Committee

B. Governing Board

- 1) Executive Committee
- 2) Audit/Finance Committee
- 3) Grants Review Committee
- 4) Joint Program Evaluation Committee (JPEC)
- 5) Nominating Committee

C. Executive Director

VIII. ANNOUNCEMENTS

IX. ADJOURN

Attachments to be sent under separate cover:

- *2024-25 Q1 Performance Chart for JPEC*

***Members of the public wishing to join the meeting via Zoom, please use the link below:**

<https://us02web.zoom.us/j/81733580377>

If you need a disability-related reasonable accommodation to participate in this meeting, please contact the AAA4 office at (916) 486-1876, or email GoverningBoard@AgencyOnAging4.org at least 3 days in advance with your accommodation request. Every effort will be made to accommodate. However, we cannot guarantee we will be able to honor requests received less than 3 days in advance.

**AGENCY ON AGING AREA 4
ADVISORY COUNCIL MEETING MINUTES**

Date: October 17, 2024

Location: Sacramento County

I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, ROLL CALL, WELCOME & INTRODUCTIONS

Vice Chair Dr. Catheryn Koss called the meeting to order at 10:03 a.m., welcoming members and guests. A quorum was established.

County	AC Members Present – 16	Excused = 4; Absent = 1
Nevada		K. Carpenter (E); A. Mikal-Heine (E)
Placer	K. Flanagan	D. Wiltsee (A)
Sacramento	Dr. C. Koss; M. Jacobs; S. McBride; A. Zonderman; Dr. T. Abah	
Sierra	No members	
Sutter	T. Thomas	P. Epley (E); T. Thomas (E)
Yolo	J. Bohon; C. Dorsey; S. Brunner	
Yuba	D. Panteloglow; L. Drown; R. Drown	
At-Large	P. Nelson; R.Saenz; H. Linder	

**Teleconferencing according to AB 2449 Brown Act Emergency Provision.*

AAA4 Staff Present: Will Tift, Linda Berry, Anwar Masroor, and Rashana Wright.

On-site Guests: *None*

Staff via Zoom: Julie Beckner, Nancy Vasquez, Sara Martinez, Anson Houghton, Shirley Mohammed, Agboo Abeywickrama, Va Tran and Liz Pazdral

Zoom Guests: Laura Kellen (*Librarian, BTBL*) and Margaret Fowler (*Yuba County Commission on Aging ~ Chair*)

II. COMMENTS FROM THE PUBLIC – Margaret Fowler: The 2nd Wednesday of each month at 10:00 am, the Yuba County Commission on Aging meets; at the Government Center. Currently every position and or seat is filled. Most recently the last person to join the Commission runs the Tri-County Community Center in Marysville, and we look forward to using her venue for our Senior functions. So, we are really happy about that.

III. CONSENT CALENDAR

A. Motion to adopt the agenda and approve minutes from 8/15/24.

Motion	Second	Passed
R. Saenz	K. Flanagan	Y=14; N= 0; Abstain=0

IV. CORRESPONDENCE – *Not Applicable*

V. ACTION ITEM

A. Adopt the Slate of Officers for 2025.

Motion	Second	Passed
R. Saenz	S. Brunner	Y=14; N= 0; Abstain=0

- The Slate that was adopted is as follows:
 - Dr. Catheryn Koss – Chair
 - Karen Flanagan – Vice Chair
 - Sylvia McBride – Secretary

VI. DISCUSSION/PRESENTATIONS**

A. Services for Seniors with the Braille and Talking Book Library, *presented by California State Library Librarian, Laura Kellen*

- The Braille and Talking Library also known as BTBL is housed in the California State Library in Sacramento; BTBL is a federal program administered through the State of California and is also associated with:
 - The Library of Congress in Washington, DC
 - National Library Service for the Blind and print Disabled also in Washington, DC
- If you qualify for the program, you can enjoy either Braille books or Audiobooks. The Audiobooks are paired with a book player that is sent to the participant; there are over 160,000 for them to choose from (all of this is Free)

B. Challenges Serving Small, Rural Counties, *pre-recorded video, presented by Sutter County Supervisor Ziegenmeyer and Sutter County Health & Human Services Director Sarah Eberhardt-Rios*

- Watched the pre-recorded presentation from Friday, October 11, 2024, Governing Board Meeting.
- There was discussion on Meals on Wheels (home delivery/congregate meals), Medically Tailored Meals and Fee-for-Service Meals

C. Final Preparations for Parity Decision Points around County Funding Levels (continued), *presented by Will Tift*

- Question 3 of the Straw Poll. “Should AAA4 consider setting minimum baseline funding levels in Nevada, Placer, Sacramento, Sutter, Yolo and Yuba Counties?”
 - With a baseline funding that is shrinking, and the needs of services are growing, “How do we share funding equitably across the 7 Counties?”
- There was discussion on how this will look for all the counties.

D. Master Plan on Aging: Highlights from the October 8th, 2024, Action Day, *presented by Will Tift, Liz Pazdral and Melissa Jacobs*

- A video was shared from the *CA for ALL Ages & Abilities: 2024 Master Plan for Aging Day of Action* (to see different sessions from this event you, copy and paste or click on this link: <https://www.caforall.org/session-replay/>)
- AAA4 Employee Liz Pazdal, stated that one of her main take-aways was, “So, I really feel like the event is about continuing and maintaining the enthusiasm around the Master Plan on Aging.”

- Advisory Council Melissa her main take-away was, “I appreciate... Having each of the seven (7) committees go up and talk about, here is what we have been doing is helpful in creating context for folks who are new to it.”
- Advisory Council Rita added, “It’s very moving and very impressive, and it gives you an idea of the totality of the types of things that are going around and how we fit inside of that.”

VII. REPORTS

A. Executive Committee – *Dr. Catheryn Koss*

- We met and went over the agenda

B. Governing Board – *Rashana Wright*

- The Governing Board met on October 11, 2024, in Sutter County where a quorum was established.
- The Board Approved the following Action Items:
 - The Scope of Service Changes for SFY 2024-25
 - Selection of Board Members to Serve on the Governing Board Nominating Committee
 - Supervisor Sharon Dryden
 - Meghan Rose
 - Carl Burton
 - Nancy Pennebaker
- The Board also heard presentations on:
 - Challenges Serving Small, Rural Counties, *presented by Sutter County Health & Human Services Director Sarah Eberhardt-Rios*
 - Final Preparations for Parity Decision Points around County Funding Levels: A Straw Poll Exercise (continued), *presented by Will Tift*

C. Advisory Council

- Nominating Committee – *Sylvia McBride*
 - A group met on October 7th, 2024, from 1:00 pm – 1:45 pm, there were no members of the public present
 - Dr. Catheryn Koss, Karen Flanagan, Charlotte Dorsey, Harrison Linder, and Sylvia McBride were in attendance
 - Slate of Officers that were adopted:
 - Dr. Catheryn Koss – Chair
 - Karen Flanagan – Vice Chair
 - Sylvia McBride – Secretary
 - Confirmed that the Parliamentarian role is not an elected officer, however appointed by the Chair
- Diversity Committee – *Charlotte Dorsey and Melissa Jacobs*
 - Met for the first time on Wednesday, October 16, 2024
 - Dr. Julie Bates, Charlotte Dorsey, Melissa Jacobs, and Rashana Wright were in attendance
 - There is homework to be completed before the next meeting, which is scheduled for Thursday, December 19, 2024 after the Advisory Council Meeting

D. Grants Review Committee – *Will Tift*

- The committee will meet on November 1st, 2024, to continue the discussion on Parity and county funding levels

E. Strategic Planning Committee – *Linda Berry*

- The committee met on October 10, 2024 to review the progress made on the Agency workgroup; progress was noted
- Summary of communication plans was presented
- This committee is an Ad hoc committee that started in 2023, through this committee a three-year strategic plan was created (2024, 2025 and 2026)

F. Executive Director - *Will Tift (filling in for Pam Miller)*

- In November moving forward with Data Exchange Framework (DXF), DXF will be an infrastructure that will help our Aging & Disability Resource Connection (ADRC) to safely exchange client health information
- AAA4 completed the CA 2030 Survey regarding our ideas/opinions around the three subject areas associated with SB 1249:
 - Mapping/boundaries
 - Core Programs and Services (governance of new Agency's on Aging)
 - The Intrastate Funding Formula (IFF)

VIII. ROUNDTABLE: ANNOUNCEMENTS – *Not applicable*

IX. ADJOURNMENT

Dr. Catheryn Koss called for a motion for adjournment at 11:59 a.m.

****TO LISTEN TO THE FULL AUDIO OR REQUEST MATERIALS FROM THIS MEETING, PLEASE EMAIL AdvisoryCouncil@AgencyOnAging4.org**

Recordings are on file for one year.

AGENCY ON AGING AREA 4

2024 COMMITTEE APPOINTMENTS

AREA PLAN COMMITTEE

GOVERNING BOARD

Cecile Nunley
Supervisor Lisa Swarthout
William Reed

ADVISORY COUNCIL

Debbie Panteloglow
Jim Bohon
Karen Flanagan
Tanna Thomas
Sylvia McBride

AUDIT & FINANCE COMMITTEE

GOVERNING BOARD

Meghan Rose
Miko Sawamura
Nancy Pennebaker

BYLAWS COMMITTEE

ADVISORY COUNCIL

Debbie Panteloglow
Tanna Thomas
Sylvia McBride

DIVERSITY COMMITTEE

GOVERNING BOARD

Accepting Members

ADVISORY COUNCIL

Charlotte Dorsey
Melissa Jacobs

EXECUTIVE COMMITTEE

GOVERNING BOARD

Meghan Rose ~ *Chair*
Supervisor Sharon Dryden ~ *1st Vice Chair*
William Reed ~ *2nd Vice Chair*
Miko Sawamura ~ *Secretary*
Nancy Pennebaker ~ *Audit/Finance*

ADVISORY COUNCIL

Kelly Carpenter ~ *Chair*
Dr. Catheryn Koss ~ *Vice Chair*
Debbie Panteloglow ~ *Secretary*

GRANTS REVIEW COMMITTEE

GOVERNING BOARD

Supervisor Jim Provenzza
Supervisor Lila Heuer
Miko Sawamura
Nancy Pennebaker
Tonya Beebe
William Reed
Supervisor Sharon Dryden

ADVISORY COUNCIL

Ann Zonderman
Debbie Panteloglow
Laura Drown
Pam Epley
Rob Drown

JOINT PROGRAM EVALUATION COMMITTEE (JPEC)

GOVERNING BOARD

Supervisor Lila Heuer
Meghan Rose
Nancy Pennebaker
Supervisor Sharon Dryden

ADVISORY COUNCIL

Annie Mikal-Heine
Karen Flanagan
Pam Epley
Jim Bohon

LEGISLATIVE COMMITTEE

GOVERNING BOARD

Meghan Rose
Miko Sawamura

ADVISORY COUNCIL

Ann Zonderman
Charlotte Dorsey
Jim Bohon
Karen Flanagan
Kelly Carpenter
Melissa Jacobs
Sylvia McBride

NOMINATING COMMITTEE

GOVERNING BOARD

Carl Burton
Meghan Rose
Nancy Pennebaker
Supervisor Sharon Dryden

ADVISORY COUNCIL

Dr. Catheryn Koss
Harrison Linder
Karen Flanagan
Rob Drown
Charolette Dorsey
Sylvia McBride

PARLIAMENTARIAN

GOVERNING BOARD

Carl Burton

ADVISORY COUNCIL

Accepting Members

PERSONNEL COMMITTEE

GOVERNING BOARD

Supervisor Don Blaser
Miko Sawamura
Supervisor Sharon Dryden
Tonya Beebe
William Reed

RULES of PROCEDURE COMMITTEE

GOVERNING BOARD

Supervisor Jim Provenza
Supervisor Suzanne Jones

**AGENCY ON AGING AREA 4
GOVERNING BOARD MEETING MINUTES**

Date: October 11, 2024
Location: Sutter County

I. CALL TO ORDER & ROLL CALL

Chair Meghan Rose called the meeting to order at 10:01 a.m., welcoming members and guests. A quorum was established.

County	GB Members Present - 15	Excused = 1 / Absent = 2
Nevada	Supv. Swarthout, E. Minett	
Placer	William Reed	Supv. Jones (A)
Sacramento	C. Burton, Leesa Klotz, M. Rose, M. Sawamura	C. Nunley (A)
Sierra	Supv. Dryden, Supv. Heuer	
Sutter	Supv. Ziegenmeyer	Tonya Beebe (E)
Yolo	N. Pennebaker, Dr. S. Allen	
Yuba	Supv. Blaser, Supv. Vasquez, W. Peters	

***Teleconferencing according to AB 2449 Brown Act Emergency Provision.*

AAA4 Staff Present: Will Tift, Linda Berry, Jodi Mesa, Kiel Adams, Va Tran, Kellie Bruton, Teja Payne and Rashana Wright.

AAA4 Staff (via Zoom): Pam Miller, Dr. Julie Bates, Julie Beckner, Nancy Vasquez, Sara Martinez, Shirley Mohammed, German Ayon, Anson Houghton, Val Manning, Agboo Abeywickrama, Dominique Vaughn, Larry Rodil

Guests Present: Sarah Eberhardt-Rios, *Sutter County Health & Human Services*; Tink Miller, *Placer Independent Resource Services (PIRS)*; Jennifer Massello, *Meals on Wheels (MoW) Sacramento County*

II. PLEDGE OF ALLEGIANCE – Led by Meghan Rose

III. COMMENTS FROM THE PUBLIC – Not applicable

IV. CONSENT CALENDAR*

A. Adopt and approve agenda and approve 9/13/2024 minutes. Agenda and 9/13/2024 minutes were approved with the correction to remove an additional mention of Dr. Julie Bates in the AAA4 Staff (via Zoom) section.

Motion	Second	Passed
N. Pennebaker	Supv. Blaser	Y= 12; N=0; Abstain=0

V. CORRESPONDENCE – Not applicable

VI. ACTION ITEMS*

A. Approve JPEC Recommendations for SFY 2023-24

- In depth conversation on understanding how JPEC devises the recommendations for SFY 2023-24
 - Parity
 - Counties with greater need
 - III-C funding
 - How to make things as fair as possible

Motion	Second	Passed
W. Reed	Supv. Dryden	Y= 13; N=0; Abstain=0

B. Select Board Members to Serve on the Nominating Committee

- Below are the Slate of members that selected to serve on the Governing Board Nominating Committee:
 - Supervisor Sharon Dryden
 - Carl Burton
 - Meghan Rose
 - Nancy Pennebaker

Motion	Second	Passed
W. Reed	W. Peters	Y= 13; N=0; Abstain=0

C. Vote on Sierra County's Funding for the 2025-27 RFP Cycle

Motion	Second	Passed
W. Peters	W. Reed	Y= 13; N=0; Abstain=0

VII. DISCUSSION/PRESENTATION*

A. Challenges Serving Small, Rural Counties, *presented by Sutter County Supervisor Ziegenmeyer and Sutter County Health & Human Services Director Sarah Eberhardt-Rios*

- Parity Formula provides funds to fastest senior population instead of number of seniors served in the community
- Older Americans Act funding places Sutter County in a deficit within their III-C funding especially for Congregate and Home-Delivered Meals
- Ways to absolve some of the in this area of funding are/Potential Solutions:
 - To work with Medi-Cal's Managed Care Plans (MCP)
 - One of the 16 Community Resources that the MCPs offer are Medically Tailored Meals (if meet eligibility)
 - Use their One-Time-Only Funding (OTO)
 - Not to exhaust all of them
 - Assess the community to see what they may can do without within this funding
 - Fee-for-Service Options
 - See about establishing a MOW option for homebound seniors that are not low income

B. Final Preparations for Parity Decision Pints around County Funding Levels: A Straw Poll Exercise (continued)

- Question 3 of the Straw Poll was posed. “Should AAA4 consider setting minimum baseline funding levels in Nevada, Placer, Sacramento, Sutter, Yolo and Yuba Counties?”
 - With a baseline funding that is shrinking, and the needs of services are growing, “How do we share funding equitably across the 7 Counties?”
- Suggestion from the Governing Board Chair, Meghan Rose; Formation of an Ad-hoc Committee with representation from every County to update AAA4 where their Workgroups stand regarding: Parity levels for next spending cycle?
 - A meeting to be held prior to Friday, November 8, 2024, Joint Meeting in Sacramento County
 - Nevada County – Supv. Swarthout/Erin Ruark-Minett
 - Placer County – William Reed
 - Sacramento County – Meghan Rose
 - Sierra County – TBD
 - Sutter County – TBD
 - Yolo County – Supv. Jim Provenza/ Dr. Sheila Allen
 - Yuba County - TBD

VIII. REPORTS*

A. Executive Committee – Meghan Rose

- Met today, Friday, October 17, 2024, to review approve the agenda.

B. Audit/Finance Committee – Kellie Bruton

- Provided an update
 - Year-to-date expenditures
 - Working on contracts for funded projects
 - 40 funded partners will be receiving payment
 - Working with Auditors to wrap up audits

C. Advisory Council – Rashana Wright

- The Advisory Council met on September 19, 2024, in Sacramento County where a quorum was established.
- The Council had only one action item:
 - Select Council Members to Serve on the Nominating Committee
 - They selected the following members:
 - Dr. Catheryn Koss
 - Karen Flanagan
 - Harrison Linder
 - Rob Drown
- The Council also watched presentations that were presented at the 9.13.24 Governing Board Meeting on:
 - HICAP 101: The Health Insurance Counseling & Advocacy Program and You, *presented byCarolynn Washington*
 - CA 2030: Next Steps, *excerpts from the 9/4/24 CDA Webinar*

- The Unique Challenges of Serving Frontier Communities, *presented by Sierra County Supervisors Dryden and Heuer*
- The Council also heard the presentation from Will Tift:
 - Final Preparations for Parity Decision Points around County Funding Levels: A Straw Poll Exercise

D. Grants Review Committee (GRC) – Will Tift

- Next meeting is scheduled for Friday, November 1st, 2024, at 12:30 pm
- There will be a preview of the Parity conversations

E. HICAP Coordinating Committee – Will Tift

- Coordinating committee met in August where Medicare information was discussed

F. Joint Program Evaluation Committee (JPEC) – Will Tift

- Next meeting is scheduled for Friday, November 1st. 2024, at 10:00 am

G. Executive Director – on Pam Miller’s behalf, Will Tift

- Officially welcome Rashana Wright to AAA4’s Staff
- AAA4’s Fiscal Department is fully staffed
- Senate Bill 1249 was signed, and the State is moving forward with implementation; what they are looking at:
 - Mapping/boundaries
 - Governance of new Agency’s on Aging
 - Core services and performance measures
 - The Intrastate Funding Formula (IFF)
- Completed the Survey pertaining to Senate Bill 1249
- New scope of work with Ground Game Health, that will help us align ourselves with the upcoming pilot with Mercy Medical Group
- A warm Thank you to Yuba and Sutter County for stepping up and filling the gap in making sure that a total of over 120 aging adults will receive food delivery for an additional 60 days; while we try and transition them to medically tailored meals, CalFresh or Food banks

IX. ANNOUNCEMENTS - None

X. ADJOURNMENT

Chair Meghan Rose called for a motion for adjournment at 12:01 p.m.

*TO LISTEN TO THE FULL AUDIO OR REQUEST MATERIALS FROM THIS MEETING, PLEASE EMAIL GoverningBoard@AgencyOnAging4.org

Recordings are on file for one year.

ACTION ITEM V. A.

TO: AAA4 GOVERNING BOARD
FROM: Nominating Committee
DATE: October 23, 2024
SUBJECT: Adopt the Slate of Officers for 2025

The Nominating Committee met on Wednesday October 23rd, 2024, and unanimously agreed upon the following slate of officers for calendar year 2025:

Chair	Supervisor Dryden
1 st Vice Chair	Nancy Pennebaker
2 nd Vice Chair	TBD
Treasurer/Auditor	Meghan Rose
Secretary	Erin Ruark-Minett
Parliamentarian	Wendell Peters

Additional nominations may be made from the floor prior to votes being cast.

Elections are scheduled for Friday, December 13, 2024, the next and last Governing Board Meeting of the Year.

This item requires a roll call vote.

ACTION ITEM V. B.

TO: AAA4 GOVERNING BOARD

FROM: Pam Miller

DATE: November 4, 2024

SUBJECT: Adopt Resolution No. 322 for Yuba-Sutter Meals on Wheels Block Grant in Sutter County

Sutter County Community Action Agency (SCCAA) receives a Block Grant through the State agency Department of Community Services and Development (CSD). A Board Resolution from the Applicant (Meals on Wheels Yuba & Sutter Counties) is needed to apply for these funds.

Resolution #322 authorizes the Executive Director to apply for and, if funded, execute an agreement for the Community Services Block Grant with Sutter County Community Action Agency (SCCAA) in the amount of \$120,000 for the countywide priority service of **Food Security**. Contract No. TBD with a contract period of January 1st, 2025 through December 31, 2025.

Furthermore, this Resolution authorizes the Executive Director to execute all future amendments to the above agreement.

This item requires a roll call vote.



A4AA GOVERNING BOARD

RESOLUTION NO. 322

RESOLVED by the Area 4 Agency on Aging Governing Board that the Executive Director is authorized to apply for the Community Services Block Grant with Sutter County Community Action Agency (SCCAA) in the amount of \$120,000 for the countywide priority service of Food Security. Contract No. TBD with a contract period of January 1st, 2025 through December 31, 2025.

Furthermore, if funds are awarded this Resolution authorizes the Executive Director to execute an agreement and all future amendments to said agreement.

ON MOTION OF member _____, seconded by member _____ and adopted by a majority vote of duly constituted quorum of the Area 4 Agency on Aging Governing Board on November 8, 2024.

Meghan Rose, Chair
A4AA Governing Board

Date

Miyoko Sawamura, Secretary
A4AA Governing Board

Date

ACTION ITEM V. C.

TO: AAA4 GOVERNING BOARD

FROM: Pam Miller

DATE: November 4, 2024

SUBJECT: Adopt Resolution No. 323 for Yuba-Sutter Meals on Wheels Block Grant in Yuba County

Yuba County Community Services Commission (YCCSC) receives a Block Grant through the State agency Department of Community Services and Development (CSD). A Board Resolution from the Applicant (Meals on Wheels Yuba & Sutter Counties) is needed to apply for these funds.

Resolution #323 authorizes the Executive Director to apply for, and if funded, execute an agreement for the Community Services Block Grant with Yuba County Community Services Commission (YCCSC) in the amount of \$120,000 for the countywide priority service of **Food Security**. Contract No. TBD with a contract period of January 1st, 2025 through December 31, 2025.

Furthermore, this Resolution authorizes the Executive Director to execute all future amendments to the above agreement.

This item requires a roll call vote.

ACTION ITEM V.D.

TO: AAA4 GOVERNING BOARD
FROM: Joint Program Evaluation Committee
DATE: November 4, 2024
SUBJECT: Approve First Quarter JPEC Recommendations

The Joint Program Evaluation Committee (JPEC) met on November 1st to review active compliance concerns as well as First Quarter performance figures for all AAA4-funded programs for SFY 2024-25.

On the Funded Program Activity Report, there are six items that require Governing Board approval (see page 4, Items A¹ through F¹).

Board approval is also needed to revise the annual scope of service for Foothills House of Hospitality, from 1,260 to 420 one-way rides. The discrepancy was caused by a miscommunication about rides per month versus rides per quarter.

In accordance with JPEC Policy, if any new information that is salient to this topic should become available, then AAA4 Staff will share it during the November 8th meeting.

FUNDED PROGRAM ACTIVITY REPORT

SFY 2024-25: First Quarter Performance (July – Sept) AND Updates on other Matters

Compiled October 31, 2024

Updated November 3, 2024

For most of the Funded Programs, the scope of this report includes events that occurred during the major, 4-year contract cycle (July 2021 – June 2025). For Funded Programs operating on the minor contract cycle (i.e., Caregiver Assessment & Case Management in Placer, Sacramento & Yolo; Caregiver Respite in Placer, Sacramento & Yolo; and Health Promotion in all counties) the scope of this report includes events that have occurred since July 1, 2019.

I. OUTSTANDING ACHIEVEMENT

Nominations are welcome from the Advisory Council and Governing Board members at any time during the fiscal year.

II. OPEN MATTERS

The 2021-25 Request for Proposal (RFP) resulted in Community Link (211 Yolo) being awarded the contract for Title III-B Senior Information & Assistance provided they satisfy the following conditions:

- a) Such services shall be delivered in a manner that supports and compliments the pre-existing agreement between the County of Yolo and Community Link by which the program known as “211 Yolo” is currently being made available to the public (via the designated 2-1-1 telephone prefix, via a dedicated text number and via web access at: 211yolocounty.com) for the expressed purpose of “linking residents to vital health and human services, information and resources in the community;” and,
- b) Community Link will (to the extent practicable) actively coordinate with the County of Yolo and with the Yolo Healthy Aging Alliance in order to: *i*) establish and regularly maintain some degree of physical presence in the County, and *ii*) remain apprised of the availability and salient characteristics of resources that are available to Older Adults and Family Caregivers who reside in the County and to other interested parties inquiring on behalf of an Older Adult or Family Caregiver who resides in the County.

II. OPEN MATTERS (continued)

All the Funded Programs that finished SFY 2023-24 Below Range were placed on Collaborative Oversight status. They are:

- AAA4: Caregiver Counseling (BRICC) [All 7 Counties]
- AAA4: Case Management [Placer & Sacramento]
- Community Link – 211 Yolo, Senior I&A [Yolo]
- Gold Country Community Services, Congregate Meals [W. Nevada]
- Inc. Seniors of Sierra County, Congregate Meals [Sierra]
- LSNC Mother Lode Office, Legal Services [Placer]
- Meals on Wheels Yolo County, Congregate & Home-Delivered Meals
- Sierra Senior Services, Congregate Meals [E. Nevada]

III. UPDATE on NEW PROVIDERS/PROGRAMS

Pending approval of an Area Plan Update, AAA4 may be adding a new program to its offering of Title III-D Health Promotion courses. SAIL (Stay Active and Independent for Life) is an evidence-based strength, balance and fitness program for older adults.

IV. IMPACTED SERVICES

The following AAA4-Funded Programs have exceeded their maximum capacity and have either waived a Waiting List or have an active Waiting List:

- AAA4 Dine Around Town:
 - Yuba County: 22 people waiting
 - Sutter County: 44 people waiting
- AAA4 Yuba-Sutter Meals on Wheels:
 - Yuba County: 72 people waiting
 - Sutter County: 64 people waiting
- Del Oro Caregiver Resource Center; Respite Care:
 - Placer County: 259 people waiting
 - Sacramento County: 578 people waiting
 - Yolo County: 47 people waiting
- Dignity Health (Yolo County); Transportation: ??? people waiting
- FREED (Yuba-Sutter); Transportation: ??? people waiting, respectively
- Gold Country Community Services - HDM (W. Nevada County): 16 people waiting
- Meals on Wheels by ACC (Sacramento County): 222 people waiting
- Meals on Wheels Yolo County: 28 people waiting
- PIRS (Placer County); Minor Home Modifications: 38 people waiting
- Rebuilding Together (Sacramento County); Minor Home Modifications: 4 people
- Seniors First; Transportation: 4 people waiting

V. QUALITY ASSURANCE

AAA4 Staff are not aware of any quality assurance concerns currently.

VI. COMPLIANCE (Not including Units of Service)

AAA4 Staff report no Funded Programs are out of compliance with the terms and conditions of their contractual agreements.

VII. PERFORMANCE (Units of Service Only)

Initially, the number of service units to be provided during the contract period are set by successful RFP applicants or renegotiated between AAA4 staff and the Funded Partner before a contract is executed. Thereafter, changes to the annual scope of service must be reviewed by JPEC and approved by the Governing Board.

Once the annual scope of service has been established, quarterly benchmarks will be negotiated between AAA4 and Funded Partner Staff. Benchmarks are used by JPEC to determine whether the delivery of services is progressing as anticipated. Benchmarks are used by Funded Programs to account for variations in the service pattern (e.g., less activity in the Winter months). Such variations may or may not be known in advance; hence benchmarks can be adjusted during the fiscal year so long as the annual scope of service remains the same.

In accordance with AAA4's Performance Standards Policy, three classifications are used to sort performance levels for individual programs:

125% or More = Above-Range Performance

86% – 124% = Within-Range Performance

85% or Less = Below-Range Performance

Above-Range Performance might indicate a conservative scope of service or better-than-expected efficiencies; it might also indicate cost-cutting measures or a dilution of service quality. Thus, significant above-range performance is not necessarily a sign of positive outcomes.

Conversely, Below-Range Performance might indicate an optimistic scope of service or unexpected losses of efficiency; it might also indicate an investment of resources or an enhancement in service quality. Thus, significant below-range performance does not necessarily suggest an undesirable outcome.

VIII. NEXT STEPS

Recommendations made by JPEC on November 1st will be noted below and sent to the Governing Board for action on November 8th. Affected Funded Programs are welcome to attend either or both meetings and will have an opportunity to briefly speak (or have a written statement read on their behalf) prior to votes being cast.

Item	AAA4 Staff Suggestions for JPEC action	JPEC Action
A ¹	This item pertains to the Funded Program Expenditure Report for SFY 2023-24. Based upon the explanations provided during the meeting, AAA4 Staff suggest no action be taken.	Adopt Staff Suggestion (5-0)
B ¹	As noted in Section II above, specific conditions were applied to the current service contract with Community Link (211 Yolo). AAA4 Staff suggest no action at this time.	Adopt Staff Suggestion (5-0)
C ¹	As noted in Section II above, eight (8) Funded Programs are currently on Collaborative Oversight status because they finished SFY 2023-24 Below Range. AAA4 Staff suggest all these programs remain on Collaborative Oversight regardless of their First Quarter performance because three months is not a sufficient time period to determine whether a true course correction has taken place.	Adopt Staff Suggestion (5-0)
D ¹	This item (and those that follow) pertains to the First Quarter Performance Chart. AAA4 Staff wish to discuss all Below Range instances (i.e., where the “% of Goal Q1” column is below 86%). On the Chart, these row numbers are highlighted in yellow, and they include #1, #19, #29, #35, #44, #47, #60-63, #68 & #69. Based upon the explanations provided during the meeting, AAA4 Staff suggest no action be taken.	Adopt Staff Suggestion: Row #1 (4-0-1), Epley Abstained. Remaining Rows (5-0)
E ¹	AAA4 Staff also wish to discuss those instances where the First Quarter benchmark was significantly exceeded (i.e., performance was above 200% or higher). On the Chart, these row numbers are also highlighted in yellow, and they include #27, #45, #48, #57, #59 & #64. Based upon the explanations provided during the meeting, AAA4 Staff suggest no action be taken.	Adopt Staff Suggestion (5-0)
F ¹	As for the balance of Performance Chart items from row #2 through row #67, these programs have demonstrated typical performance for the first quarter. AAA4 Staff suggest no action be taken at this time.	Adopt Staff Suggestion (5-0)

Item	AAA4 Staff Suggestions for JPEC action	JPEC Action
G ¹	FOR YOUR INFORMATION ONLY, rows (#401-404) show data for the ADRCs (Aging & Disability Resource Connections) that are administered by AAA4. Performance goals are approved and monitored by the California Department of Aging; therefore, JPEC monitoring would be duplicative.	
H ¹	FOR YOUR INFORMATION ONLY, rows (#501-507) show data for AAA4's CalFresh Healthy Living Program (aka SNAP-Ed). Performance goals are approved and monitored by the California Department of Aging; therefore, JPEC monitoring would be duplicative.	
I ¹	FOR YOUR INFORMATION ONLY, rows (#601-602) show data for AAA4's MIPPA Program (Medicare Improvements for Patients & Providers Act). Performance goals are approved and monitored by the California Department of Aging; therefore, JPEC monitoring would be duplicative.	
J ¹	FOR YOUR INFORMATION ONLY, rows (#701-704) show data for AAA4's Elder Abuse Prevention program, and rows (#801-803) show data for AAA4's LTC Ombudsman program. Performance goals for both are established and monitored by the State Ombudsman's Office; therefore, JPEC monitoring would be duplicative.	
K ¹	FOR YOUR INFORMATION ONLY, rows (#901-909) show data for LSNC's nine-county HICAP Program. Performance goals are established and monitored by ACL and the California Department of Aging; therefore, JPEC monitoring would be duplicative.	
L ¹	JPEC will meet to review Mid-Year Performance for SFY 2024-25. The tentative date is Friday, February 7.	

November 1, 2024 Meeting Notes:

Committee Members present: Nancy Pennebaker (Chair), Supervisor Sharon Dryden, Karen Flanagan, Supervisor Lila Heuer & Pam Epley

A4 Staff Present: Will Tift (Committee Liaison), Maggie Borowiak, Rebecca Hensley, Anson Houghton, Sara Martinez, Yvonne Pacheco-Vong, Teja Payne, Nancy Vasquez, Sandra Woolf, Rashana Wright & Clayton Wyatt

Programs Represented: AAA4 Direct Services (Bingocize, BRICC, Case Management, Dine Around Town, DEEP, Matter of Balance, Mature Edge & Yuba-Sutter MOW), ACC Senior

Services, Connecting Point 211 Sac/Yolo, MOW Yolo County, MOW Sacramento County & Yuba Sutter Legal Center for Seniors

Guests: Wendall Peters, AAA4 Governing Board

ACTION ITEM V. E.

TO: AAA4 GOVERNING BOARD

FROM: Grants Review Committee

DATE: November 4, 2024

SUBJECT: Approve Grants Review Committee Recommendations

On November 1st the Grants Review Committee (GRC) met and voted on three separate but related matters regarding the upcoming Request for Proposals (RFP). These items now require Governing Board approval.

1) RFP Inclusion/Exclusion Decisions (Title III-B, Title III-C & Title VII)

AAA4 has discretion to decide whether or not to include in-house Direct Service programs in its RFP cycles. In general, excluding them reduces administrative burden for the Agency, and including them proves whether any potential competitors actually exist. The programs listed below were not included in the 2021-25 Grant Cycle. The GRC recommends each of the following be included in the 2025-27 RFP Cycle, provided that an organization expresses interest in applying in advance of said RFP being issued as indicated in the attached Timeline.

- A. AAA4 Case Management (Title III-B)
- B. AAA4 Employment (Title III-B)
- C. AAA4 Long-Term Care Ombudsman Program & Elder Abuse Prevention (Title III-B & Title VII)
- D. AAA4 Congregate & Home-Delivered Meals – Yuba & Sutter Only (Title III-C)

2) Award Renewals for the 2025-27 Grant Cycle (Titles III-D & III-E)

AAA4 conducts two separate RFP Cycles (the Minor and the Major) on an overlapping “Olympic” schedule. However, each cycle is a two-year cycle, renewable for an additional two years. In 2023 at the conclusion of the latest Minor RFP Cycle, the Governing Board awarded funds to Title III-D Health Promotion and Title III-E Family Caregiver providers. The Board must now vote to renew (or not renew) those awards for two additional years. Renewal is customary unless the Agency as a whole has established a desire to change direction. In a non-renewal situation, the current program(s) could be added to the 2025-27 RFP or discontinued at the end of the contract period (June 30, 2025). The GRC has recommended that each of the following awards be renewed for the 2025-27 Grant Cycle, meaning they would not be subject to competitive bidding again until 2027.

- A. Title III-D Health Promotion provided by AAA4
- B. Title III-E Family Caregiver Counseling provided by AAA4
- C. Title III-E Family Caregiver Assessment & Caregiver Case Management provided by ACC Senior Services
- D. Title III-E Family Caregiver Assessment & Caregiver Case Management provided by the Del Oro Caregiver Resource Center

3) Adopt Revised Timeline for 2025-27 Request for Proposals (RFP)

The Draft Timeline attached assumes Board adoption of items 1 and 2 above; it may be revised accordingly if either or both items are not adopted. The Timeline introduces an “Invitation to Compete” letter as the mechanism by which organizations may express interest in Direct Service programs prior to the full RFP being issued. The GRC recommends approval of the Draft Timeline.

This item requires a roll call vote as it involves the awarding of public funds.

Agency on Aging Area 4
REQUEST FOR PROPOSALS

Contract Cycle: SFYs 2025-27, Renewable for SFYs 2027-29

Unless otherwise noted, dollars are expected to be available to fund each of the services listed below in each of the following seven counties: Nevada, Placer, Sacramento, Sierra, Sutter, Yolo & Yuba.

Title III-B Supportive Services

Case Management¹
Employment¹
Housing¹
Legal Services
Outreach (Only in Sierra County)
Residential Repairs/Minor Home Modifications (Only in Select Counties)
Senior Information & Assistance (All Counties except Sierra)
Transportation (All Counties except Sierra)

Title III-C Nutrition Services

Traditional Congregate Meals
Non-Traditional Congregate Meals, including Restaurant Vouchers²
Home-Delivered Meals²

Title VII

LTC Ombudsman & Elder Abuse Prevention¹

2024-2025 DRAFT TIMELINE

Last modified on October 29, 2024

November 20	Solicit "Invitation to Compete" Letters from Organizations Interested in Offering Services that are Currently Provided Directly by AAA4
December 20	"Invitation to Compete" Letters due to AAA4 (Required for Consideration)
January 7	Public Posting of Notice of Intent (NOI) to Issue the RFP
February 7	Issue the RFP at: http://agencyonaging4.org
February 14	Letter of Interest (LOI) due to AAA4 (Mandatory for All Applicants)
February 20	Bidder's Conference (Mandatory for All Applicants)
February 26	Last Day for Applicant's to Submit RFP Questions to AAA4
March 7	ALL PROPOSALS DUE to AAA4 by 12:00PM ³ (noon)
April 14-18	Grants Review Committee makes funding awards ⁴

May 9	Governing Board determines fund awards ⁴
May 16	Last Day for Applicant Appeals (if necessary)
June	Contract Packets sent to Awardees (tentative)
July 1	Services Begin

Notes:

1 This service is currently provided directly by AAA4; organizations interested in applying for this service must submit an “invitation to compete” letter by the deadline.

2 In Yuba and Sutter Counties only, AAA4 currently provides Non-Traditional Congregate Meals and Home-Delivered Meals; organizations interested in applying for one or both of these services must submit an “invitation to compete” letter by the deadline.

3 All times shown are in the Pacific Time Zone.

4 Applicants are strongly encouraged to attend this meeting and may speak on behalf of their proposals.

Agency on Aging Area 4 | 1401 El Camino Ave. #400 Sacramento, CA 95815 | 916-486-1876 | rfp@agencyonaging4.org

ACTION ITEM V. F.

TO: AAA4 GOVERNING BOARD

FROM: Grants Review Committee

DATE: November 4, 2024

SUBJECT: Approve Final Parity Percentages (Adjusted for Sierra County)

On October 11, the Governing Board voted unanimously to award Sierra County \$256,497 for the 2025-27 RFP Cycle, based upon the projected expenditures of their current service provider (Incorporated Senior Citizens of Sierra County). Given a total Parity Pool of \$10,274,905, this means Sierra's new, Adjusted Parity Percentage is 2.50%. It also means the difference between the Initial Parity Award of \$38,763 and the final award (\$217,734) must be deducted from one or more of the remaining six Counties in AAA4's Joint Powers Authority. Then, the Counties that contribute to Sierra will also have their Parity Percentages adjusted (lowered) commensurately so that the sum of the Parity Shares for all seven Counties remains at 100%.

Also on October 11, Governing Board Chair Meghan Rose formed a Regional Ad Hoc Workgroup to attempt to reach a compromise on final funding levels for the remaining six Counties. This Workgroup met via Zoom on October 29. The following Board Members were present: Sup. Swarthout (Nevada), Sup. Jones (Placer), Meghan Rose (Sacramento), Sup. Dryden (Sierra), Tonya Beebe (Sutter), Sheila Allen (Yolo) and Sup. Blaser (Yuba).

The first item was to try to determine which Counties should subsidize Sierra. The following four options were discussed:

- Option A: All Six Counties Contribute
- Option B: Only Placer, Sacramento & Yolo Counties Contribute
- Option C: Only Placer and Sacramento Contribute
- Option D: Only Sacramento Contributes

The Regional Workgroup preferred "Option B" whereby the 3 Counties that are expected to realize a net increase of funds next year contribute to Sierra.

The second item was to discuss whether Counties should be expected to fully reach (100%) their new Parity Target amounts within Option B. Here, the group preferred NOT to fully reach the new Parity Targets; this means less reductions for Nevada, Sutter & Yuba AND lesser increases for Placer, Sacramento & Yolo. There was discussion about three scenarios: 75%, 50% and 25%. The Excel Spreadsheet being used for this simulation automatically reduced Sierra County's share at these lower percentages; the group asked that the Spreadsheet be revised so that Sierra County would remain at the Board-approved amount (\$256,497) regardless of the percentage selected. A second Regional Workgroup meeting was discussed but not confirmed.

On November 1, the Grants Review Committee reviewed and built upon the progress made by the Regional Workgroup. The GRC reviewed the modified Excel Spreadsheet, and they have recommended the full Board adopt "Option B2" at the 75% level (see attached document for more details). In short, this would result in the following figures.

2024 Parity with Adjustments for Sierra County

Option B2: Benefactor Counties Contribute (Placer, Sacramento & Yolo)

Projected Spending Per Capita: Age 60+ (SFY 2025-26)	COUNTY	ADJUSTED PARITY SHARES (For SFY 2025-26)		CURRENT AWARDS (SFY 2024-25)	Year over Year INCREASES & DECREASES
		Percent	Dollars		75%
\$19.62	Nevada	7.85%	\$ 806,635	\$ 847,894	-\$30,944
\$15.73	Placer	17.62%	\$ 1,810,708	\$ 1,594,474	\$160,418
\$16.89	Sacramento	56.85%	\$ 5,840,838	\$ 5,839,794	-\$4,885
\$167.65	Sierra	2.50%	\$ 256,497	\$ 223,846	\$32,651
\$19.49	Sutter	4.37%	\$ 448,975	\$ 614,967	-\$124,494
\$16.96	Yolo	7.40%	\$ 760,602	\$ 725,956	\$25,246
\$22.14	Yuba	3.41%	\$ 350,650	\$ 427,973	-\$57,992
\$17.50	PSA 4	100.00%	\$ 10,274,905	\$ 10,274,904	\$0

It is imperative that the Governing Board vote to approve overall County Funding Levels at the November 8th meeting to allow affected County Workgroups to complete the task of recommending specific award amounts for individual Titles and Service Categories and to allow AAA4 Staff to ensure those seven sets of recommendations are fiscally balanced across the Titles.

The Board is scheduled to vote on the six specific County Workgroup recommendations at the December 13 meeting.

2024 Parity Adjusted for Sierra County: Benefactor Counties Contribute

Option B

County	60+ Total Population ^a	60+ Non-Minority ^a	60+ Minority ^a	60+ Low Income ^b	60+ Geographic Isolation ^c
Nevada	41,113	37,707	3,406	4,380	18,724
Placer	115,115	92,032	23,083	9,505	20,110
Sacramento	345,815	195,137	150,678	45,635	11,100
Sierra	0	0	0	0	0
Sutter	23,037	13,186	9,851	3,245	3,940
Yolo	44,852	28,187	16,665	5,185	4,547
Yuba	15,839	10,742	5,097	2,360	6,476
Totals	585,771	376,991	208,780	70,310	64,897

Application of the Formula:

Weight	1.0	2.0	2.0	1.5								
County	60+ Non-Minority	60+ Minority	60+ Low Income	60+ Geographic Isolation	Weighted Totals (Parity Points)	Parity % without Sierra	Setting Sierra County	County	Non-Adjusted Parity %	Adjusted Parity %	Contribution to Sierra County	
Nevada	37,707	6,812	8,760	28,086	0	0.00%	0.00%	Nevada	7.85%	7.85%	\$ -	
Placer	92,032	46,166	19,010	30,165	187,373	21.52%	0.46%	Placer	18.08%	17.62%	\$ 46,867	
Sacramento	195,137	301,356	91,270	16,650	604,413	69.43%	1.47%	Sacramento	58.32%	56.85%	\$ 151,180	
Sierra	0	0	0	0	0	0.00%	0.00%	Sierra	0.38%	2.50%	\$ -	
Sutter	13,186	19,702	6,490	5,910	0	0.00%	0.00%	Sutter	4.37%	4.37%	\$ -	
Yolo	28,187	33,330	10,370	6,821	78,708	9.04%	0.19%	Yolo	7.59%	7.40%	\$ 19,687	
Yuba	10,742	10,194	4,720	9,714	0	0.00%	0.00%	Yuba	3.41%	3.41%	\$ -	
Totals	376,991	417,560	140,620	97,346	870,494	100.00%	2.12%	Totals	100.00%	100.00%	\$ 217,734	

2.50% Sierra Share

Sierra Award: **\$ 256,497**

Total Awards: \$ 10,274,905

2024 Parity with Adjustments for Sierra County
Option B2: Benefactor Counties Contribute (Placer, Sacramento & Yolo)

Projected Spending Per Capita: Age 60+ (SFY 2025-26)	COUNTY	ADJUSTED PARITY SHARES (For SFY 2025-26)		CURRENT AWARDS (SFY 2024-25)	Year over Year INCREASES & DECREASES (5 Potential Scenarios)				
		Percent	Dollars		100%	75%	50%	25%	0%
\$19.62	Nevada	7.85%	\$ 806,635	\$ 847,894	-\$41,259	-\$30,944	-\$20,630	-\$10,315	\$0
\$15.73	Placer	17.62%	\$ 1,810,708	\$ 1,594,474	\$216,234	\$160,418	\$104,603	\$48,787	-\$7,028
\$16.89	Sacramento	56.85%	\$ 5,840,838	\$ 5,839,794	\$1,044	-\$4,885	-\$10,814	-\$16,742	-\$22,671
\$167.65	Sierra	2.50%	\$ 256,497	\$ 223,846	\$32,651	\$32,651	\$32,651	\$32,651	\$32,651
\$19.49	Sutter	4.37%	\$ 448,975	\$ 614,967	-\$165,992	-\$124,494	-\$82,996	-\$41,498	\$0
\$16.96	Yolo	7.40%	\$ 760,602	\$ 725,956	\$34,646	\$25,246	\$15,847	\$6,447	-\$2,952
\$22.14	Yuba	3.41%	\$ 350,650	\$ 427,973	-\$77,323	-\$57,992	-\$38,661	-\$19,331	\$0
\$17.50	PSA 4	100.00%	\$ 10,274,905	\$ 10,274,904	\$1	\$0	\$0	\$0	\$0

PRESENTATION ITEM VI.A.

TO: AAA4 ADVISORY COUNCIL & GOVERNING BOARD
FROM: Pam Miller
DATE: November 4, 2024
SUBJECT: National Family Caregiver Month

November is National Family Caregiver Month. This presentation will call attention to a new Toolkit featured by the California Department of Aging. Additional information may be found at: <https://socialpresskit.com/california-department-of-aging#national-family-caregivers-month>